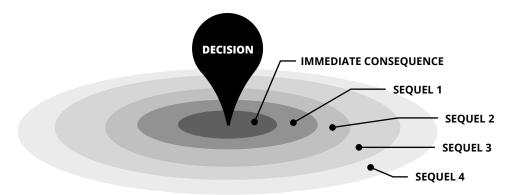
Consequence and sequel

"Getting lost in the weeds" is a common problem for those blessed with high levels of attentiveness. On one hand, they are very adept at getting things done; on the other, their intense focus sometimes causes them to lose sight of the bigger picture. They may get the primary task done and not realize that their solution has consequences that radiate outward like ripples on a pond (DeBono, 1970).



For this reason, it helps to take periodic breaks from a task to think these "sequels" through. This can help to minimize potentially damaging consequences and plan an outcome chain that is more beneficial.

